



takra Since sarapunga is included in Guduchyadi vargam of Bhavaprakasha nighantu, Acharya described it as “pleehasatru”, enemy of hepatic and gall bladder disorders, there itself great proof for can be used for pleeha roga (hepatic and gall bladder disorders)

And in prayoga, aacharya described sarapunga as “yakrithpleehagulmavranavishaapaha”, that it relieves all disorders related to abdomen.

Takra described in takravarga, mentioned as gulmanasanam, (relieves gall bladder diseases), pleehodara (relieves hepatomegaly), hence can divinely given for hepatic disorders.

#### Seventh group

Drugs-Sahakara (Aamra)-Mangifera Indica, Anacardiaceae family.

madhu Sahakara phala, if get pakwa, increases vahni (digestive power), if chooshita(make rasa from it), it relieves vatapitta, hence acts on breakage of samprapthi of hepatic disorders.

Madhu included in madhuvarga, acts as yogavahi for the sahakara rasa to act

#### Eighth group

Drugs-raajikachooram, salmalipushpa

Rajika (Brassica juncea, Brassicaceae) mentioned in dhanya varga, relieves kapha pitta predominant dosha, and increase agni (Digestive power), relieves abdominal infections (koshtakriminhareth) Salmalipushpa (Bombax ceiba, Bombaceae)-included in pushpa under saakadi varga, relieves kapha pitta dosha acts simultaneously with that of rajika choornam. against hepatic diseases.

#### Ninth group

Drugs-Yavani, chitaka, yavakshara, vacha, danthimoola, pippali Yavani-(Tracheyospermum Ammi, Apiaceae family), described in hareetakyadi varga, mentioned as deepani (carminative), removes sleshmodara, gulma, pleeha, krimi (hepatic, gallbladder related pathologies and infections).

Chitraka(plumbago zeylanica, Plumbaginaceae family) included under haritakyaadi varga of Bhavaprakasha, mentioned as vatakaphahara and relieves oedema, hence it is teekshna strictly act upon oedematous hepatomegaly stages.

Yavakshara –as described in drugs of third group (Yavakshara (Yava-Hordeum Vulgare, Poaceae family), as yava having properties “slesmapitta medapranashanam” relieves medas and slesma and helps to relieve from pathogenesis of liver diseases.

Vacha(Acorus calamus. Araceae family), mentioned in hareetakyadi vargam, act as Vahnikrith (increased digestive power), vibandhaadmanasoolagni (relieves all abdominal conditions, plain etc)

Danthimoola-Baliospermum montanum, Euphorbiaceae family described in guduchyadti vargam light carminative, relieve vata pitta samprapthi, also as shothaaharam (relieves hepatomegaly)

Pippali as same described in fourth group

As pippali mentioned in hareetakyadi varga, mentioned as udarahara (abdominal disorders), gulmahara (gall bladder diseases), pleehasoola (pain in hepatic disorders), it can be utilised as a single drug for hepatic diseases.

#### Tenth group

Drugs –vidanga, pippali, abhaya, Pippali as explained in 4th, 9th group as

As pippali mentioned in hareetakyadi varga, mentioned as udarahara (abdominal disorders), gulmahara (gall bladder diseases), pleehasoola (pain in hepatic disorders), it can be utilised as a single drug for hepatic diseases.

Vidanga (Embelia ribes, Myrsinaceae family) included under hareetakyadi vargam which acted to increase digestive power (vahnikrith), All abdominal organ related disorders-soola, gulma, meha, udara, sleshma, vata vibandhakrith)

#### Abhaya

Included in hareethakyadi vargam, (Terminalia chebula, Combetaceae family), as mentioned has properties on shotha (inflammations), aanaha (distension), kamala pleeha soolam yakrithsoolam (pain experienced on hepatic, biliary, gall bladder disorders)

#### CONCLUSIONS

Hepatopathy is a growing medical issue nowadays. Since it is a lifestyle disorder, certain changes will occur even by the routine change, still medications are preferably adopted by the society. Ayurveda has various medications in hepatopathic conditions and this review meant to be the exploration of such drug combinations described in Bhavaprakasha.

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